

ANNOUNCEMENT

Kaunas Ice

Christmas Cup

November 25-27, 2022

Kaunas, Lithuania

REGIONAL FIGURE SKATING COMPETITION
IN SINGLE SKATING

Organized by Sports Club “Forsarus”

1. GENERAL

The Kaunas Ice Spring Cup 2022 Competition will be conducted in accordance with the ISU Constitution and General Regulations 2022, the Special Regulations & Technical Rules Single & Pair Skating, the relevant ISU Communications and valid decisions of the ISU Congress 2022.

Participation in the Kaunas Ice Spring Cup 2022 is open to all competitors.

2. VENUE

All competition events will take place at:

Kaunas Ice Palace: <https://www.kaunoledorumai.lt/>

Kovo 11-osios st. 26, Kaunas 51323, Lithuania

Ice Palace has two ice rinks, which are indoor and heated

3. NOTICE

The Organizing Committee reserves the right to postpone, change the venue or cancel the competition if due to the Coronavirus (Covid-19) the decision of the national Government will not agree to conduct such an event.

Also please notice that due to recommendations at the time of the event there could be some restrictions regarding the movements within the arena, a hygienic concept (face masks, hand disinfection etc.) or the distance between each individuals, the teams, the viewers, and guests.

4. WEBSITE

All the information about the competition, registration, Starting Orders, Time Schedules, Online Results, Judges Scores will be available on the official competition website: www.kaunasice.lt.

5. 5. CATEGORIES

In Kaunas Ice Autumn Cup 2022 participants will be competing in these categories:

Pre-Chicks A, B & C	Senior	Beginners Pre-Young
Chicks A, B & C	Junior	Beginners Young
Chicks Axel	Advanced Novice	Beginners Young adults
Cubs A & B	Basic Novice	Adult Bronze
Springs B	Intermediate Novice	Adult Silver
Elements category	Senior B	Adult Gold
	Junior B	Adult Artistic
	Novice B	Masters

6. ENTRIES

6.1. Entries for competition:

All the members of ISU and Clubs, being members of National Skating Federations associated with ISU, are invited to take part in this competition. Members can enter any quantity of Skaters into each category.

Organizers have the right to refuse or limit the participation in competition.

Entries have to be made before the deadline by filling the Online Registration Form. The Online Registration Form is accessible here: <https://form.jotform.com/223044616849359>.

Upon completing the Entry form please upload your competition music (in MP3 format) (see Paragraph 9. Music). **Entry have to be filled in by November 18, 2022.**

It is not allowed to change the skaters category after deadline and after entries are published. You can replace one skater for another only in same category. You can make changes in same category not later than 1 day before draw.

6.2. Deadlines of entries

All entries (Competitors and Judges) are expected **not later than November 18, 2022.**

6.3. Entry fee

Entry fee per competitor:	Late entry fee:	
Categories with one program:		
B categories (Pre-Chicks B & C, Chicks B & C, Cubs B, Springs B)		
A categories (Pre-Chicks A, Chicks A, Chicks Axel, Cubs A)		
Basic Novice, Intermediate Novice		
Novice B, Junior B, Senior B	70 €	80 €
Beginners		
Adult (Bronze, Silver, Gold, Artistic)		
Masters		
Categories with two programs:		
Advanced Novice		
Junior	80 €	90 €
Senior		
Adult Artistic + Free Skating	80 €	90 €

Elements category

40 €

50 €

The OC asks participants to pay Entry fee by bank transfer to the following account:

Bank account holder: Sports club "Forsarus"

Bank: Luminor Bank AB

Bank code: 40100

Account No: LT48 4010 0425 0293 6011

SWIFT code: AGBLLT2X

Purpose of payment: for the competition. Country and name of skater (skaters)

Participants from non EU countries should pay bank taxes by themselves.

The Entry fee must be paid no later than November 18, 2022.

6.4. Cancellation

After the deadline the entry fee will not be refunded in case of withdrawals for any reason.

6.5. Entries of Judges

Each participating ISU Members or Clubs are welcome to nominate one Judge and one substitute Judge with at least the qualification "National Judge" and preferably "International Judge". Should there be more Judges entered than needed in competition, the Organizing Committee reserves the right to conduct a pre-draw of the panels of Judges. Judges not drawn will be informed in time before the competition.

7. EXPENSES

The Organizing Committee will provide and cover the expenses for accommodation and meal for all Referees, Judges, Technical Controllers, Technical Specialist, Data and Replay Operators during the competition. The Organizing Committee will cover the costs for travel expenses only for Referees, Technical Controllers, Technical Specialist, Data and Replay Operators.

The Organizing Committee will cover the accommodation and meal expenses for Judges accepted in the panel. The expenses for accommodation, meal, travel and transfer of the Team Officials will not be covered by the Organizing Committee and are on the account of the Teams.

8. LIABILITY

In accordance with ISU Rule 119, the Organizer and the ISU accept no liability for bodily or personal injury, or for property loss or damage incurred by Competitors and Officials. Each ISU Member is expected to provide its own insurance protection for the Officials and Competitors.

9. MUSIC

All Competitors are requested to send their competition music (in MP3 format) during the registration by filling the Online Entry Form, which is available here: <https://form.jotform.com/223044616849359>.

The music has to be of excellent quality in **MP3 format and named with Competitor's first name, family name, category and segment (eg. name_surname_senior_sp)**.

In addition Competitors must have a back-up USB flash drive or CD drive for each program during the competition.

10. DRAW

There will be an electronic Draw, which will be held on November 24, 2022. The Starting Orders after the Draw will be available at the competition website www.kaunasice.lt and will be sent to the participants by e-mail.

Starting orders for the Free Skating for Advanced Novice, Juniors and Seniors will be the reverse order of the results of the Short Program in accordance with Rule 513, paragraph 2.

11. AWARDS

All the Competitors in each category will be honored. The first three best placed Competitors in each category will be awarded with medals and trophies during award ceremony. Diplomas and souvenirs will be provided for all participants. The Award Ceremonies will be published and available in the Venue.

12. ORGANIZING COMMITTEE

For additional information, please contact the Organizing Committee:

Website: www.kaunasice.lt

E-mail: KaunasIceCompetition@gmail.com

Facebook: Kaunas Ice

Youtube: Kaunas Ice

Laima Krauziene: +370 682 46 163

13. ACCOMMODATION

The Ibis Hotel will be the official Hotel for Referees, Judges, Technical Controllers, Technical Specialist, Data and Replay Operators.

Hotel: Ibis Hotel

Address: Vytauto prospektas 28, Kaunas, LT-44328, Lithuania

Phone: +370 37 265600

Website: <https://all.accor.com>

E-mail: h8622@accor.com

14. PRELIMINARY TIME SCHEDULE

Date	Event		
Friday, November 25	Competition:	Pre-Chicks C	Free Skaiting
		Pre-Chicks B	Free Skaiting
		Chicks C	Free Skaiting
		Novice B	Free Skaiting
		Junior B	Free Skaiting
		Senior B	Free Skaiting
		Beginners Pre-Young	Free Skaiting
		Beginners Young & Young adults	Free Skaiting
Saturday, November 26	Competition:	Pre-Chicks A	Free Skaiting
		Chicks Axel	Free Skaiting
		Chicks A	Free Skaiting
		Chicks B	Free Skaiting
		Cubs A	Free Skaiting
		Cubs B	Free Skaiting
		Springs B	Free Skaiting
		Advanced Novice	Short Program
		Junior	Short Program
		Senior	Short Program
		Adult Bronze, Silver, Gold, Artis	Free Skaiting
		Masters	Free Skaiting
Sunday, November 27	Competition:	Basic Novice	Free Skaiting
		Intermediate Novice	Free Skaiting
		Advanced Novice	Free Skaiting
		Junior	Free Skaiting
		Senior	Free Skaiting

This Time Schedule is subject to changes and will be updated after the registration of entries.

The detailed and final Time Schedule of the event will be published on the competition website www.kaunasice.lt and will be sent to all participants by e-mail.

15. TECHNICAL DATA

SENIOR WOMEN and MEN

Short Program: the required element to be skated are those listed in ISU technical Rules Single&Pair Skating 2022, Rule 611, paragraphs 1 and 2. Duration: 2 min., 40 sec., +/- 10 sec.

Free Skating: In accordance with ISU Technical Rules Single&Pair Skating 2022, Rule 612 and the respective ISU Communication. Special Attention should be paid to the “well balanced program” and the element value. Duration: 4 min., +/- 10 sec.

JUNIOR WOMEN and MEN

Short Program: the required element to be skated are those listed in ISU technical Rules Single&Pair Skating 2022, Rule 611, paragraphs 1 and 3, for 2022-2023 (and listed in ISU Com 2474). Duration: 2 min., 40 sec., +/- 10 sec.

Free Skating: In accordance with ISU Technical Rules Single&Pair Skating 2022, Rule 612 and the respective ISU Communication. Special Attention should be paid to the “well balanced program” and the element value. Duration: 3 min. 30 sec., +/- 10 sec.

ADVANCED NOVICE Girls and Boys

Age and technical requirements are according to the ISU Technical Rules, ISU Communication 2489. Short Program: 2 min. 20 sec., +/- 10 sec. Free Skating: 3 min. +/- 10 sec. Advanced Novice has reached the age of ten (10) and has not reached the age of fifteen (15).

INTERMEDIATE NOVICE Girls and Boys

Age and technical requirements are according to the ISU Technical Rules, ISU Communication 2489. Free Skating: 3 min. +/- 10 sec. Intermediate Novice has not reached the age of fifteen (15).

BASIC NOVICE Girls and Boys, BASIC NOVICE 2011 and Younger Girls and Boys

Technical requirements are according to the ISU Technical Rules, ISU Communication 2489. Free Skating: 2 min. 30 sec., +/- 10 sec. Basic Novice has not reached the age of thirteen (13).

SENIOR B Women and Men

Age requirements: Senior B skater is the skater who has reached at least the age of 15 before July 1st preceding the Event.

Free Skating:

- Maximum six (6) jump elements:
 - one (1) jump must be an Axel-type jump;
 - 2A and triple jumps are not allowed;
 - maximum three (3) jump combinations or sequences. Only one jump combination may consist of three (3) jumps.
- Maximum three (3) spins of different abbreviation, including:
 - one (1) spin combination (min. 10 revolutions in total);
 - one (1) flying spin (min. 6 revolutions);
 - one (1) spin of free choice with minimum of 6 revolutions.
- One (1) step sequence.
Duration: 3:30 min. +/- 10 sec.

JUNIOR B Women and Men:

Age requirements: Junior B skater is the skater who has reached at least the age of 13, but has not reached the age of 19.

Free Skating:

- Maximum five (5) jump elements:
 - one (1) jump must be an Axel-type jump;
 - 2A and triple jumps are not allowed;
 - maximum three (3) jump combinations or sequences. Only one jump combination may consist of three (3) jumps.
- Maximum three (3) spins of different abbreviation, including:
 - one (1) spin combination (min. 10 revolutions in total);
 - one (1) flying spin (min. 6 revolutions);
 - one (1) spin of free choice with minimum of 6 revolutions.
- One (1) step sequence.
Duration: 3:00 min. +/- 10 sec.

Additional information for Senior B and Junior B

Level explanation: In all elements which are subject to Levels, only features up to **Level 3 for Senior B** and **Level 2 for Junior B and Novice B** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

Additional information: The Program Components are only judged in: Composition, Presentation, Skate skills. No jump with the same name may be done more than twice. A jump sequence consists of

2 (two) jumps, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. Flying spin means a spin with a flying entrance and no change of foot and position. There will be no bonus for difficult elements in the second half of the program. Warm up time is 5 minutes.

NOVICE B Girls and Boys

Age requirements: Novice B skater is the skater who has reached at least the age of ten (10) and has not reached the age of fifteen (15) before July 1st preceding the event.

Free Skating:

- Maximum five (5) jump elements:
 - one (1) jump must be an Axel-type jump;
 - maximum two (2) jump combinations or sequences;
 - a jump combination can contain only two (2) jumps;
 - double Axel and triple jumps are not allowed.
- Maximum two (2) spins of different abbreviation, including:
 - one (1) spin combination with change of foot (min. 8 rev. in total) or without change of foot (min. 6 rev. in total). Flying entry is allowed;
 - one (1) spin with no change of position with change of foot (min. 8 rev. in total) or without change of foot (min. 6 rev. in total). Flying entry is allowed.
- One (1) step sequence.
Duration: 3:00 min. +/- 10 sec.

Additional information for Novice B

Level explanation: In all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

Additional information: The Program Components are only judged in: Composition, Presentation, Skating Skills. No jump with the same name may be done more than twice. A jump sequence consists of 2 (two) jumps, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. There will be no bonus for difficult elements in the second half of the program.

Double Axel and triple jumps are not allowed.

Deductions: Time violation - 0.5 point for every 5 sec. in lack or excess Fall - 0.5 point for every fall Interruption - 0.5 point The duration of warm-up is 4 min.

CUBS A Boys and Girls

Age requirements: Cubs A skater is the skater born in 2012 and 2013.

Free Skating:

- Maximum four (4) jump elements:
 - one (1) jump must be an Axel-type jump;
 - maximum two (2) jump combinations or sequences;
 - jump combinations may consist of only two (2) jumps.
- Maximum two (2) spins of different abbreviation, including:
 - one (1) spin combination with one change of foot and at least one change of position (min. 3+3 revolutions). Flying entry is allowed;
 - other spin of free choice with minimum of 3 revolutions.
- One (1) step sequence.
- Duration: 2:30 min. +/- 10 sec

CHICKS A Boys and Girls

Age requirements: Chicks A skater is the skater born in 2014 and 2015

Free Skating:

- Maximum four (4) jump elements:
 - one (1) jump must be an Axel-type jump;
 - maximum two (2) jump combinations or sequences;
 - a jump combination can contain only two (2) jumps.
- Maximum two (2) spins of different abbreviation, each of them must be minimum of four (4) revolutions.
- One (1) step sequence.
- Duration: 2:00 min. +/- 10 sec.

CHICKS Axel Boys and Girls

Age requirements: Chicks Axel skater is the skater born in 2014 and 2015

Free Skating:

- Maximum four (4) jump elements:
 - one (1) jump must be an Axel-type jump;
 - double jumps are not allowed;
 - maximum two (2) jump combinations or sequences;
 - a jump combination can contain only two (2) jumps.
- Maximum two (2) spins of different abbreviation, each of them must be minimum of three (3) revolutions.
- One (1) step sequence.
- Duration: 2:00 min. +/- 10 sec.

Only 1A is allowed in this category and all double jumps are not allowed.

PRE-CHICKS A Boys and Girls

Age requirements: Pre-Chicks A skater is the skater born in 2016 and younger

Free Skating:

- Maximum four (4) jump elements:
 - one (1) jump must be an Axel-type jump;
 - maximum two (2) jump combinations or sequences;
 - a jump combination can contain only two (2) jumps.
- Maximum two (2) spins of different abbreviation, each of them must be minimum of four (4) revolutions.
- One (1) step sequence.
- Duration: 2:00 min. +/- 10 sec.

Additional information for Cubs A, Chicks A, Chicks Axel and Pre-Chicks A categories

Level explanation: In all elements which are subject to Levels, only features up to Level 2 (Cubs A, Chicks A, Pre-Chicks A) and Level 1 (Chicks Axel) will be counted. Additional features won't count for Level requirements and will be ignored by Technical Panel.

Additional information: The Program Components are only judged in: Composition, Presentation and Skating Skills. No jump with the same name may be done more than twice. A jump sequence consists of 2 (two) jumps, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. There will be no bonus for difficult elements in the second half of the program.

Deductions: Time violation - 0.5 point for every 5 sec. in lack or excess. Fall - 0.5 point for every fall.

Interruption - 0.5 point

The Competitors in each category may be younger (but not older) than the age shown.

Warm-up groups can be maximum up to eight (8) skaters. The duration of warm-up is 4 min.

SPRINGS B Boys and Girls

Age requirements: Springs B skater is the skater born in 2010 and 2011.

Free Skating:

- Maximum four (4) jump elements:
 - one (1) jump must be an Axel-type jump;
 - no 2A, 2F and 2Lz, triple and quadruple jumps are allowed;
 - maximum two (2) different double jumps are allowed and they cannot be done more than twice;
 - maximum two (2) jump combinations or sequences;
 - jump combination can contain only two (2) jumps.

- Maximum two (2) spins of different abbreviation, each of them must be minimum of five (5) revolutions.
- One (1) step sequence.
- Duration: 2:30 min. +/- 10 sec.

CUBS B Boys and Girls

Age requirements: Cubs B skater is the skater born in 2012 and 2013.

Free Skating:

- Maximum four (4) jump elements:
 - Axel and one (1) double jump are allowed not more than two (2) times;
 - double Flip (2F), double Lutz (2Lz) and 2Lo are not allowed;
 - maximum two (2) jump combinations or sequences;
 - a jump combination can contain only two (2) jumps.
- Maximum two (2) spins of different abbreviation, each of them must be minimum of four (4) revolutions.
- One (1) step sequence
- Duration: 2:30 min. +/- 10 sec.

CHICKS B Boys and Girls

Age requirements: Chicks B skater is the skater born in 2014 and 2015.

Free Skating:

- Maximum four (4) jump elements:
 - Axel and double jumps are not allowed;
 - maximum two (2) jump combinations;
 - a jump combination can contain only two (2) jumps.
- Maximum two (2) spins of different abbreviation, each of them must be minimum of three (3) revolutions.
- One (1) Choreo sequence
- Duration: 2:00 min. +/- 10 sec.

1A and double jumps are not allowed in Chicks B category.

CHICKS C Boys and Girls

Age requirements: Chicks C skater is the skater born in 2014 and 2015.

Free Skating:

- Maximum four (4) jump elements:
 - 1 Axel, Lutz, Flip, Loop and double jumps are not allowed;

- Waltz jump is allowed and has a value of 0.20;
 - maximum two (2) jump combinations. Jump sequence is not allowed;
 - a jump combination can contain only two (2) jumps.
 - Maximum two (2) spins with minimum of three (3) revolutions.
- All spins must contain only Base positions. Difficult variations of spins will be ignored by technical panel and will have no value,
- One Choreo sequence
 - Duration: 2:00 min. +/- 10 se

PRE-CHICKS B Boys and Girls

Age requirements: Pre-Chicks B skater is the skater born in 2016 and younger

Free Skating:

- Maximum four (4) jump elements:
 - Axel and double jumps are not allowed;
 - maximum two (2) jump combinations.
 - a jump combination can contain only two (2) jumps. Jump sequence is not allowed.
- Maximum two (2) spins of different abbreviation, each of them must be minimum of three (3) revolutions.

All spins must contain only Base positions. Difficult variations of spins will be ignored by TP and will have no value.
- One (1) Choreo sequence.
- Duration: 2:00 min. +/- 10 sec.

PRE-CHICKS C Boys and Girls

Age requirements: Pre-Chicks B skater is the skater born in 2016 and younger

Free Skating:

- Maximum four (4) jump elements,
 - Axel, Lutz, Flip, Loop and double jumps are not allowed;
 - Waltz jump is allowed and has a value of 0.20;
 - maximum two (2) jump combinations.
 - a jump combination can contain only two (2) jumps. Jump sequence is not allowed.
- Maximum two (2) spins with minimum of three (3) revolutions, each spin in one position.

All spins must contain only Base position. Difficult variations of spins will be ignored by TP
And will have no value.
- One (1) Choreo Sequence.
- Duration: 2:00 min. +/- 10 sec.

Additional information for Springs B, Cubs B, Chicks B & C, Pre-Chicks B & C categories

Level explanation: In all elements which are subject to Levels, only features up to Level 1 (Sprigs B) and Level Base (Cubs B, Chicks B, Chicks C, Pre-Chicks C) will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

Additional information: The Program Components are only judged in: Composition, Presentation, Skating Skills. No jump with the same name may be done more than twice. A jump sequence consists of 2 (two) jumps, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. There will be no bonus for difficult elements in the second half of the program.

Deductions: Time violation - 0.5 point for every 5 sec. in lack or excess. Fall: all B categories - 0.5 point for every fall all C categories - 0.25 point for every fall. Interruption - 0.5 point.

The Competitors in each category may be younger (but not older) than the age shown.

Warm-up groups can be maximum up to eight (8) skaters. The duration of warm-up is 4 min.

BEGINNERS PRE-YOUNG Boys and Girls

Age requirements: Beginners Pre-Young skater is the skater born in 2011 and younger.

Free Skating:

- Maximum four (4) jump elements:
 - Axel and double jumps are not allowed;
 - maximum two (2) jump combinations. Jump sequence is not allowed;
 - a jump combination can contain only two (2) jumps.
- Maximum two (2) spins of different abbreviation, each spin in one position (min. 3 revolutions).
- One (1) Choreo Sequence
- Duration: 2:00 min. +/- 10 sec.

BEGINNERS YOUNG Men and Ladies

Age requirements: Beginners Young skater is the skater born in 2002-2005 and 2006-2010.

Free Skating:

- Maximum four (4) jump elements:
 - maximum one (1) single Axel and one (1) double jump are allowed, which may

be repeated only once in a jump combination or sequence;

- maximum two (2) jump combinations or sequences;

- a jump combination can contain only two (2) jumps.

- At least one (1), but not more than two (2) spins (min. 3 revolutions).
- One (1) step sequence (2/3 cover of the ice surface).
- Duration: 2:30 min. +/- 10 sec.

BEGINNERS YOUNG ADULTS Boys and Girls

Age requirements: Beginners Young adult skater is the skater born in 1994-2001.

Free Skating:

- Maximum five (5) jump elements:
 - maximum one (1) single Axel and one (1) double jump are allowed, which may be repeated only once in a jump combination or sequence;
 - maximum three (3) jump combinations or sequences;
 - only one (1) jump combination may consist of three (3) jumps.
- At least one (1), but not more than two (2) spins (min. 3 revolutions).
- One (1) step sequence (2/3 cover of the ice surface).
- Duration: 2:30 min. +/- 10 sec.

Additional information for Beginners categories

Level explanation: In all elements which are subject to Levels, only features up to **Level Base** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

Additional information: The Program Components are only judged in: Composition, Presentation, Skating skills. No jump with the same name may be done more than twice. A jump sequence consists of 2 (two) jumps, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. There will be no bonus for difficult elements in the second half of the program.

Deductions: Time violation - 0.5 point for every 5 sec. in lack or excess. Fall - 0.5 point for every fall.

Interruption - 0.5 point.

Warm-up groups can be maximum up to eight (8) skaters. The duration of warm-up is 4 min.